## Getting Help at Schwaller Crisis Center

If you are new to High Plains Mental Health Center, contact us at (800) 432-0333 to begin. You will receive an initial evaluation.

If you are an established client, contact us to ask your therapist about Schwaller Crisis Center placement.

Medicaid is accepted. Funding is available for under-insured clients.

Schwaller Center is for adults (18+) only.

Schwaller Center is not a substitute for hospitalization and might not be appropriate for all situations.





Schwaller Crisis Center is

open to all residents of High Plains Mental Health Center's 20 county catchment area. To utilize the Schwaller Crisis Center, call **1-800-432-0333** and ask to speak to a crisis therapist. They will guide you through the process.

Grant funding from the Kansas Department of Aging and Disability Services is available to offset costs of services for clients who do not have Medicaid. This means eligible clients will not be billed for services. Typically, Medicaid is the only insurance that will pay for crisis stabilization services. Sliding fee scale available.









High Plains Mental Health Center complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, sex, or any other protected class. High Plains Mental Health Center does not exclude people or treat them differently because of race, color, national origin, age, disability, sex, or any other protected class.

Si usted, o alguien a quien usted esta ayudando, tiene preguntas acerca de High Plains Mental Health Center, tiene derecho a obtener ayuda e información en su idioma sin costo alguno. Para hablar con un interprete, llame al I (844) 787-4924.

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## About Us

Schwaller Crisis Center, located in Hays, is a four-bed crisis stabilization center for 20 counties in Northwest Kansas. This program provides 24-hour supervision in a home-like setting to provide relief during mental health crises. The goal of Schwaller Crisis Center is to provide immediate, short-term intervention services as a safe alternative to psychiatric hospitalization or jail.

## Schwaller Crisis Center is here to:

- Provide supportive assistance during unmanageable, stressful circumstances.

- Help strengthen coping skills and decrease the risk of psychiatric hospitalization.

- Assist in the transition back to independent living following psychiatric hospitalization.

- Aid in alleviating identified stressors and in developing individual coping strategies.

- Medication monitoring and medication reviews provided by High Plains Mental Health Center medical staff.

- Connect you to available community resources and support services.

Emergency After-Hours Telephone Number:

1-800-432-0333

or in Hays: (785) 628-2871



Services at the Schwaller Center are individualized, based on the client's specific needs and goals. It is open to active and inactive clients of High Plains Mental Health Center, as well as new clients.

Services are for individuals 18 or older who identify as being in crisis and are struggling to maintain at home due to increased mental illness symptoms. To access services, call our 24/7 Crisis Hotline: **1-800-432-0333.**